



# January Parent Newsletter

## PAC MEETING - January 30 at 6pm

We strongly encourage all of the Parents / Guardians to attend PAC meetings. Listen to an update from Principal Fawcett, learn about what's happening in the school and District, have a say about what kind of programs/events, and initiatives we support as a community. **Let's talk!** Please join us in the library.

## FREE PARENT EDUCATION

We have teamed up with neighbourhood elementary schools and Arbutus Middle school to bring you a series of "Parent Education" nights for adults only. Please register for the events using Eventbrite!

### Childhood Stress & Anxiety - Building Resilience

Thursday, January 24 - Frank Hobbs (6:00pm-8:00pm).

Presentation and Discussion by Julie-Anne Richards, M.A., R.C.C., Registered Clinical Counselor and Psychoeducational Consultant, on Childhood Stress and Anxiety: Empowering Strategies and Effective Support.

<https://www.eventbrite.ca/e/childhood-anxiety-presentation-tickets-53147697193>

### 6 Must Have Conversations with your (Pre)Teen - Kerri Isham

Tuesday, February 26 - 6 Arbutus Global Middle School (6:30pm-8:30pm)

<https://www.eventbrite.ca/e/parent-education-night-6-must-have-conversations-with-your-pre-teen-registration-52614438201>

### The Art of Teaching the "New" Math with Nikki Lineham

Thursday, March 14 - Campus View Elementary (7:00pm-8:30pm)

<https://www.eventbrite.ca/e/nikki-lineham-on-the-art-of-teaching-math-tickets-54514918589>

### Social Media and Video Gaming: How it Affects Our Kids with Shannon Husk

Tuesday, April 2nd - Torquay Elementary (7:00pm-8:30pm)

<https://www.eventbrite.ca/e/social-media-and-video-gaming-how-it-affects-our-kids-by-shannon-husk-tickets-54505838430>

## Upcoming Events

### JANUARY

Jan 16 - Popcorn Day

Jan 24 - Parent Ed Presentation on Childhood Anxiety

Jan 30 - PAC Meeting

### FEBRUARY

Feb 1 - Hot Lunch Mac 'n' Cheese

Feb 6 - Popcorn Day

Feb 19 - CRD Neighbourhood Walk

Feb 26 - Parent Ed 6 Must Have Conversations with Your (pre) Teen



Frank Hobbs  
Elementary PAC  
on Facebook to  
keep up to date!

## PEPPER'S SPECIAL LUNCHES

Next Lunch - VEGGIE, HAM AND TURKEY WRAPS - Friday, January 11th. If you have ordered a lunch for your child, please send an empty lunch container.

Ordering for January hot lunch is closed. Order future lunches - Mac 'n' Cheese (Feb 1) or popcorn (Jan 16) at <https://frankhobbs.hotlunches.net/admin/>

Dietary restrictions? No child will be left out - let us know.  
Classroom Lunch Volunteers still needed - only 30 min per month.

Contact [lunches@frankhobbspac.ca](mailto:lunches@frankhobbspac.ca) for special requests or to volunteer.

## PAC FUNDING for the 2018/2019 year

Thank-you to everyone who has made a contribution to support school PAC activities! There is still time to contribute! Suggested donation of \$45 per child, but please give what you can. Donations can be made through the Frank Hobbs School Cash Online Site to "Frank Hobbs PAC" or through [lunches@frankhobbspac.ca](mailto:lunches@frankhobbspac.ca)

### Where kind of initiatives do PAC Funds support?

- Field Trips
- Science Ventures Programming
- Dance Program
- Classroom Allowances for Teachers
- Sports/Playground Equipment
- Garden
- Lunch Hour Clubs
- ELL Programming
- Special Needs Programming
- Earthquake Supplies
- Many more
- Your idea here...